

Sabrina Helms

WIOA Adult Program

Sabrina Helms, a Mineral County resident and mother of 3 boys, came to the Moorefield Career One Stop office for a meeting with her career coach with a dream of someday becoming a LPN. Her first step was to get her Nursing assistant/geriatric aide certification. She attended Allegany College of Maryland and received her Nursing assistant/geriatric aide certification. Sabrina is currently working for Comfort Keepers. Her plan is to in the future enroll in a LPN program to become a LPN. We are so excited for Sabrina as she embarks on making her dreams become a reality and we look forward to working with Sabrina in the future.

“Thank you to Career One Stop and Kim Malcolm for helping me apply for the WIOA grant and encourage me to be my very best. With their help I was able to start my journey to becoming an LPN.”

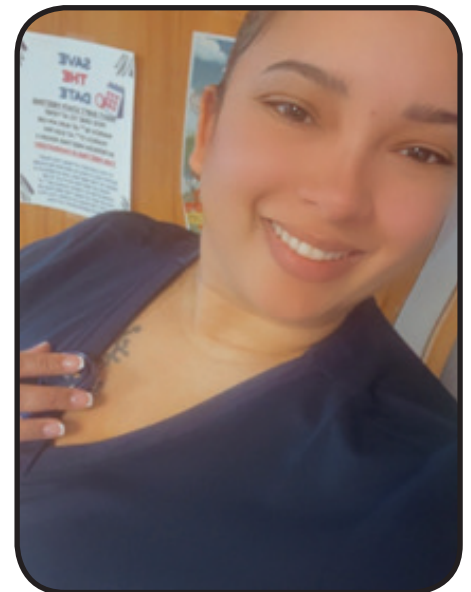


Lakaya Fisher

WIOA Adult Program

A Berkeley County resident, Lakaya came to Career One Stop for the WIOA grant program to assist her with tuition services. Lakaya had a dream to be a nurse. She knew that nursing school would be a huge commitment both financially and of her time, and with children at home the idea of pursuing her dream seemed overwhelming. Nevertheless, she committed to her goal and was accepted into the Associate Nursing School program at Valley College. Lakaya dedicated herself to achieving her goal of becoming a nurse and succeeded brilliantly. She now works as a Registered Nurse at Berkeley Medical Center and loves her new career.

“Participating in the WIOA Grant program was one of the most rewarding experiences for me. As someone who finds it difficult to ask for help the support and guidance I received truly meant a great deal. Through this program I had the opportunity to meet incredible individuals who provided the assistance and encouragement I needed to pursue and achieve my dream of becoming a nurse. I am especially grateful to Michelle and Mike for their dedication, kindness and support throughout this journey. I cannot thank them enough”



William Brenner

WIOA Adult Program

Through the E&T program, Region 7/Career One Stop partnered with the Department of Human Services to provide the information for the WIOA grant program for employment & training. William, a Morgan County resident, was a referral from the E&T program. William met with our One Stop Director and told her that he really wanted to get his CDL-A certification and license. From their first conversation she could tell he was extremely motivated and was ready to go to training. After some hard work William achieved his dream and completed the CDL-A program at James Rumsey. All the hard work and determination has paid off and William is now employed as a CDL-A driver.



“I am so excited for the next course of life, thank you to Michelle & Mike for your guidance and support. I greatly appreciate the help from Career One Stop, the E&T program and DOHS.”

Derek Withrow

WIOA Adult Program

Derek, a Berkeley County resident, had been an exceptional long-term employee with a large local construction company when fate intervened. A family member needed care and reached out to Derek for that help. What he thought would be a short-term leave of absence needed to be extended and when Derek was ready to return to work he was advised that his position had been filled. Derek considered his options and decided to pursue a career as a CDL-A truck driver. He attended James Rumsey Technical Institute’s CDL-A course and did so well that he was able to graduate early and begin his new career as a truck driver for Creekstone Landscaping.



“The assistance provided to me by Career One Stop and the WIOA Grant has not only allowed me to get back to work but has allowed me to pursue a new career that gives me options that weren’t available to me in my prior job”.



McKenzie Brady

WIOA Dislocated Worker Program

McKenzie, a Jefferson County resident, participated in our WIOA On-the-Job Training grant to secure a training position as a customer service representative at Maiden Insurance. To say McKenzie made the best of this opportunity would be an understatement. McKenzie quickly shifted from customer service representative to Sales Agent Trainee and is now a fully licensed agent in both Life and Health Insurance and Property and Casualty Insurance. Her new position provides her the flexibility that she was seeking in her schedule, the ability to direct her own professional development and through her abilities and efforts the opportunity to increase her income.

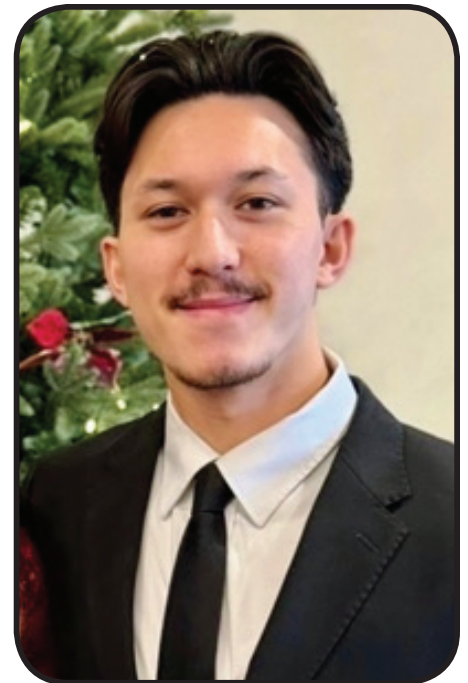


“Love my new job and learning a lot at Maiden Insurance. I am glad I got to participant in the WIOA grant program.”

Jacob Ritter

WIOA Dislocated Worker Program

Jacob, a Berkeley County resident participated in the WIOA Transitional Job program. Jacob was looking for a position in the digital marketing field and was recruited by a Berkeley County startup company who referred him to Career One Stop to obtain a WIOA Transitional Job program grant. After completing the steps necessary to obtain the grant Jacob worked with JMCG as a Business Associate trainee. Ever the entrepreneur and highly motivated Jacob seized the opportunity provided by the WIOA Transitional Job Grant and the training he received from JMCG to establish his own online digital marketing firm, Forge Systems, LLC as Founder and CEO.



“I made the difficult decision to leave school to seek out opportunities in digital marketing. A friend recommended that I investigate the WIOA Grant. Thanks to this program I was able to secure a position as a Business Associate trainee. The WIOA Transitional Job program was a life saver. The idea of working for somebody else never sat right with me. I got the training I needed to start my own business. I am very excited to see where this journey will take me and to work with Career One Stop in the future as an employer.”



Tyler Zinzow

WIOA Dislocated Worker Program

Tyler, a Morgan County resident, had a good job with a large local warehousing company but without warning he found himself suddenly unemployed. The victim of a “Reduction in Force” action taken by the company. While unexpected and upsetting Tyler, always the optimist, seized the opportunity to make a change. He contacted Career One Stop for information and guidance and ultimately elected to enroll in the CDL-A Truck Driving course at James Rumsey Technical Institute. Tyler excelled in training and, as a result of his commitment and hard work he was able to graduate early and get back to work quickly. Tyler is now working full-time as a CDL-A truck driver for Wantz Distribution Company.

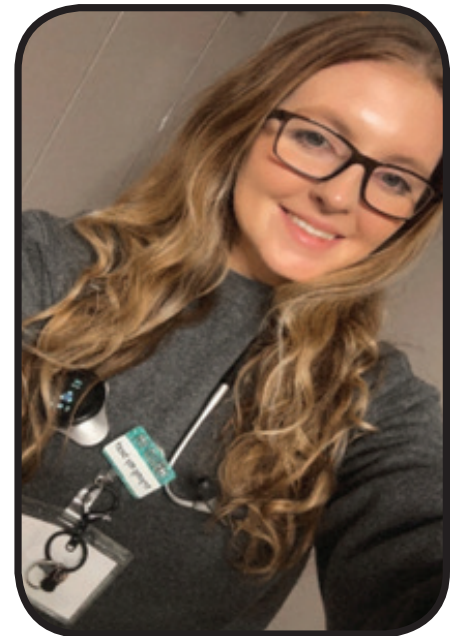


“The help I received from Career One Stop provided me the opportunity to pursue a new and rewarding career and offers me opportunities and options that simply didn’t exist in my previous job.

Brittany Hall

WIOA Adult Program

A Grant County resident, Brittany, also a single mom working two full-time jobs wanted what every mom wants, to provide for and make a good life for her child. Working two jobs didn’t leave much time to be with her daughter. She was determined to change that. Brittany knew that she wanted to be a Registered Nurse but needed assistance with tuition expenses and reached out to Career One Stop for help. She excelled in nursing school and is now one of West Virginia’s newest Registered Nurses. We are extremely happy for Brittany and her daughter. We know she will go far in her career as she has shown hard work and dedication to her career, herself and her family.



“As a mom, pursuing my dream of becoming a nurse felt almost impossible at times but Career One Stop helped make that dream possible. They not only helped with my tuition but consistently checked in, encouraged me and supported me throughout the program. Their support allowed me to stay focused on my education, graduate and begin my career in nursing”



Tiara Cousins

WIOA Dislocated Worker Program

By the time Tiara, a Berkeley County resident, was referred to us by Valley College she had already completed her first year of nursing school but as a dislocated worker and with a family of 10 her budget was tight and in need of assistance with her tuition. Valley College referred her to Career One Stop to see if we could help. In spite of being a full time student attending classes, participating in her required clinical school work and caring for her large family, Tiara, the “hardest working woman in Martinsburg”, fulfilled all of the required steps necessary to obtain the grant, allowing her to finish school, receive her degree and get a great new job as a full-time Registered Nurse.



“The tuition assistance I received from Career One Stop was critical in helping me complete my training at Valley College. With that degree I have been able to start a great new career. I am so thankful for the help and support Michelle, Mike and Career One Stop gave me”

Cassandra Campbell

JACK Referral & SNAP E&T Referral

Through utilization of the JACK referral system and the SNAP E&T program, Cassie a Berkeley County resident met with our One Stop Director. With these referrals Cassie was referred to Berkeley County Adult Learning Center and Career One Stop. Cassie was able to obtain her GED this past January and is now in the process of making the decision on her next step. She met again with the One Stop Director recently and they researched her interests and they are now in the process of checking into Veterinary technician programs as Cassie loves working with animals.



“I am very excited about getting my GED. All of the ladies at the Adult Learning Center were so wonderful and helped me so much. I am looking forward to working with the Career One Stop staff as I continue on my career path.”



Troy Bradshaw

WIOA Youth Program

Troy was 20 years old when he was referred to the WIOA Youth Coordinator for assistance. At the time of enrollment, he was experiencing unstable housing and had withdrawn from Washington High School in 2022. He was later referred to WIOA Youth Services by his instructors at the Jefferson County Adult Learning Center, who encouraged him to complete a referral through the Region 7 Workforce Development Board's system, known as JACK. Troy officially enrolled in the WIOA Youth Program on October 10, 2024. Troy successfully earned his General Education Development (GED) on May 22, 2025. During his participation in the program, Troy gained valuable work experience through the Paid Work Experience (PWE) Program and enhanced his job readiness skills by attending a Resume Writing Workshop.



Following his success in the program, Troy enrolled at WVU Tech in Beckley, West Virginia, where he is pursuing an associate degree in culinary arts. His long-term goal is to become a renowned chef.

“The Youth Program motivated me to begin searching for what I want to do with my future. I loved working in the PWE program at Corner Connections in Charles Town. I met some great people through the youth program and through my time at the Jefferson County Adult Education Center.”

Emily Maguire-Maravelis

WIOA Youth Program

Emily was 18 years old and new mom to her newborn son when she was referred to the WIOA Youth Coordinator for assistance. She withdrew from Paw Paw High School in 2019 and was later referred to WIOA Youth Services by her instructor at the Morgan County Adult Learning Center. Her instructor encouraged her to complete a referral through the Region 7 Workforce Development Board's system, known as JACK. Emily officially enrolled in the WIOA Youth Program on March 21, 2022. Emily successfully earned her General Education Development (GED) on October 16, 2025. With the support of the WIOA Youth Program and the Adult Learning Center instructor, Emily focused and ultimately reached her goal to obtain her GED. Following her success in the program, Emily gained employment with the Alleghany Detention Center in Cumberland, MD as a Corrections Officer.



“The Youth Program has given me the opportunities and foundation for success. Because of it, I now have my dream job, and I learned how to truly apply myself to reach my potential.”



Zaki Bryant

WIOA Youth Program

Zaki was 15 years old and attending Martinsburg High School when he was referred to the WIOA Youth Coordinator for assistance. He learned about the program through a family member and visited the office to inquire about services. While there, he was encouraged by the Career One Stop Administrative Assistant to complete a referral through the Region 7 Workforce Development Board's system, known as JACK. Zaki officially enrolled in the WIOA Youth Program on May 25, 2023. During his senior year, he attended Hedgesville High School before transferring back to Martinsburg High School. Zaki successfully earned his high school diploma from Martinsburg High School on May 27, 2025. During his participation in the program, he gained valuable work experience through the Paid Work Experience (PWE) Program and enhanced his job readiness skills by attending a Resume Writing Workshop. Following his success in the program, Zaki became employed at Burger King. He is also exploring his interest in becoming a photographer. His long-term goal is to own his own photography business.



"I enjoyed working during the summers for the Youth Program. It gave work experience to get started in life. I recommend this program to my friends."

Mervin Pope

WIOA Youth Program

Mervin was 15 years old and attending Moorefield High School when he was referred to the WIOA Youth Coordinator for assistance. He learned about the program through his guidance counselor and visited the office to inquire about services. While there, he was encouraged by the Career One Stop Administrative Assistant to complete a referral through the Region 7 Workforce Development Board's system, known as JACK. Mervin officially enrolled in the WIOA Youth Program on July 18, 2022. Mervin successfully earned his high school diploma from Moorefield High School on May 22, 2025. During his time in the program, he developed practical work skills through participation in the Paid Work Experience (PWE) Program while strengthening his overall job readiness. Following his success in the program, Mervin became employed at Steam Fitters Union 489 in Cumberland.



"I enjoyed working during the summers for the Youth Program. It allowed me to gain hands-on experience and develop important job skills that will help me in the future."



Conner Reel

WIOA Youth Program

Conner was 14 years old and attending Petersburg High School when he was referred to the WIOA Youth Coordinator for assistance. He learned about the program through his guidance counselor and visited the office to inquire about services. While there, he was encouraged by the Career One Stop Administrative Assistant to complete a referral through the Region 7 Workforce Development Board's system, known as JACK. Conner officially enrolled in the WIOA Youth Program on April 15, 2021. Conner successfully earned his high school diploma from Petersburg High School on June 8, 2024. While participating in the program, he built valuable workplace skills through the Paid Work Experience (PWE) Program, improved his job readiness, and gained important financial management knowledge through a Financial Management Workshop. Following his success in the program, Conner became employed Road Crew Union where he works on the Bridge Crew in Parsons, WV.



“During my time in the youth program, I worked in the summers. This taught me responsibility. I also took the money class which helped teach me money management.”

Jasmin Kane

WIOA Youth Program

Jasmin was 18 years old when she was referred to the WIOA Youth Coordinator for assistance. She withdrew from Hampshire High School in 2022 and was later referred to WIOA Youth Services by her instructor at the Hampshire County Adult Learning Center. Her instructor encouraged her to complete a referral through the Region 7 Workforce Development Board's system, known as JACK.



Jasmin officially enrolled in the WIOA Youth Program on March 9, 2023, and successfully earned her General Educational Development (GED) on November 11, 2023. With support from the WIOA Youth Program and her Adult Learning Center instructor, Jasmin remained focused and achieved her goal of completing her GED.

Following this accomplishment, Jasmin continued to engage with the WIOA Youth Program as she transitioned into postsecondary education. She received assistance with enrolling at Liberty University and securing part-time employment, helping her take the next steps toward independence and career development.

Jasmin later relocated overseas with her husband, who is stationed in Germany. While abroad, she is working on her getting her CDA in childcare and employed at a military childcare center on base.

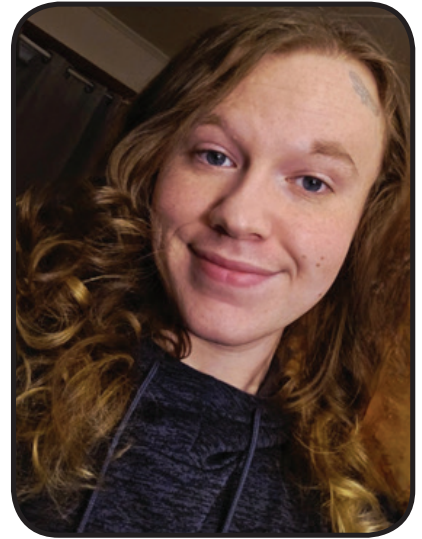
“The youth program helped me realize that I wasn't at a dead end in my situation and gave me the tools to build a better future for myself. I'm so incredibly thankful for the youth program and all the possibilities it opened for me.”



Quintin Coffman

WIOA Youth Program

Quintin was 21 years old when referred to the WIOA Youth Coordinator for assistance. At the time of enrollment, youth had withdrawn from Keyser High School in 2020. Later Quintin was referred to WIOA Youth Services by the instructor at the Mineral County Adult Learning Center, who encouraged youth to complete a referral through the Region 7 Workforce Development Board's system, known as JACK.



Quintin officially enrolled in the WIOA Youth Program on March 9, 2023.

Quintin successfully earned the General Education Development (GED) on April 19, 2023. With support from the WIOA Youth Program and Adult Learning Center instructor, Quintin remained focused and achieved the goal of completing the GED.

Following this accomplishment, Quintin continued to engage with the WIOA Youth Program through workshops and guidance as he transitioned into postsecondary education. Quintin enrolled into nursing school and began working for the State of MD helping recovering addicts in Cumberland, MD.

“Without the help of the youth program, I would not be where I am today. I obtained my GED, found a good paying job and enrolled into college. None of this would have been possible without the help of this amazing program. I am forever grateful and hope others take advantage of the resources available.”

